



SEFEL PYRAMID MODEL Newsletter

November 2018

SEFEL Pyramid Model in Maryland

University of Maryland PIEC staff are scheduled to provide the following Pyramid Model trainings and coaching sessions around the state this month:

Trainings

- Howard County Public Schools, SEFEL Pyramid Model Professional Development Day, November 5th
- Cecil County Infants & Toddlers Program, Trauma-Informed SEFEL Pyramid Model: Working With Substance-Exposed Newborns and Families, November 6th

Coaching Sessions

- Harford County Public Schools, November 13th, 20th
- Montgomery County Public Schools, November 20th
- MSDE Infants & Toddlers Program, November 28th

The Promise Resource Center is holding a SEFEL Pyramid Model Infant & Toddler training. See below for more information and click on the flyer to register:



the
PROMISE
RESOURCE CENTER

NOVEMBER 13, 20 & 27

**INFANT/TODDLER
SEFEL**

9:00AM-4:00PM

SEFEL is a framework for teaching social and emotional skills to children. SEFEL promotes infant and toddler social and emotional development and supportive environments. All 3 modules must be completed to earn a certificate.

The total cost for the training is \$180 for members or \$200 for non-members.

Call 301-290-0040 to register or visit thepromisecenter.org/register/

Email PIEC@ssw.umaryland.edu to have any trainings or coaching activities that you are doing added to this section of the newsletter.



***The SEFEL Pyramid Model Preschool
Online Training is being revamped!***

Stay tuned...

Professional Development

Social and Emotional Learning (SEL) Competencies and Indicators Guide

Social and Emotional Learning Competencies and Indicators

Michigan Department of Education's SEL competencies help support a well-rounded education that teaches to the whole child.

[Read more](#)

www.michigan.gov

Classroom Management Resources



PaTTAN - Classroom Management

Click here to access a training series of 6 webinars on classroom management techniques for teachers and classroom staff.

[Read more](#)

www.pattan.net

A Guide to Toxic Stress



Harvard University Center on the Developing Child - A Guide to Toxic Stress

Chances are, you've heard or read something about toxic stress—maybe from the media, from a physician or other medical professional, or from a family member, friend, or

neighbor. You may feel overwhelmed by all of the toxic stress information out there. And, unfortunately, it's very easy to find misleading or incorrect information. The Center on the Developing Child created this Guide to Toxic Stress to clear up the confusion and help you learn the facts about toxic stress step by step.

Supporting Young Children Experiencing Separation and Trauma



Supporting Young Children Experiencing Separation and Trauma

These are resources for adults who care for very young children with trauma, including a directory of IECMH contacts in their state who have volunteered to field inquiries and make connections to resources and clinicians.

[Read more](#)

www.zerotothree.org

Strategies Corner

Podcast: Building Resilience in Kids



PARENTING BEYOND DISCIPLINE

"#103: Building Resilience in Kids" from Parenting...

Some kids come to world the ready to tackle every ...

[Read more](#)
itunes.apple.com

Public Displays of Disaster: What to Do When Your Child Loses It Outside the Home



Public Displays of Disaster: What to Do When Your Child...

This article provides ideas for ways to handle these stressful situations in a way that helps parents maintain control and respond effectively.

[Read more](#)

www.zerotothree.org

How to Use Play Support to Transform Challenging Behavior



How to Use Play Support to Transform Challenging Behavior

It is possible to transform challenging behavior using play! Are you capitalizing on preschoolers' propensity for play? In preschool the play's the thing. It's what motivates kids. It's what they would almost always do rather than anything else....

Early Childhood News

How Bridging The Early Childhood Care Gap Helps Elevate California



VIDEO: How bridging the early childhood care gap helps...

Expanding early education helps low-income families facing tough decisions on childcare, say advocates

[Read more](#)
cafwd.org

Suspensions Harm 'Well-Behaved' Kids



Study: Suspensions harm 'well-behaved' kids

A non-profit journalism website reporting on key education issues in California and beyond.

[Read more](#)
edsources.org

Additional Health and Wellness Resources

Webinars

- Strategies to Create Positive Learning Environments for Children and Staff. November 14, 2:00 PM Eastern

https://goto.webcasts.com/starthere.jsp?ei=1205915&tp_key=c46f2143c7

- Safe and Nurturing Learning Environments for Preschoolers. November 16, 3:00 PM Eastern

<https://eclkc.ohs.acf.hhs.gov/event/safe-nurturing-learning-environments-preschoolers>

- Preventing Suspension and Expulsion of Children with Disabilities or Suspected Delays. November 20, 3:00 PM Eastern

<https://eclkc.ohs.acf.hhs.gov/event/preventing-suspension-expulsion-children-disabilities-or-suspected-delays>

- Building Key Relationships in Early Education is Fundamental to Quality Practices. November 28, 2:00 PM Eastern

<https://www.earlychildhoodwebinars.com/presentations/relationships-in-early-education-its-basic-by-luis-hernandez/>

News

- What Kids -- and Parents -- Fear Most at the Doctor's Office

<https://consumer.healthday.com/mental-health-information-25/anxiety-news-33/what-kids-and-parents-fear-most-at-the-doctor-s-office-738540.html>

- Asthma During Pregnancy May Increase Postpartum Depression Risk

<https://www.reuters.com/article/us-health-pregnancy-asthma-depression/asthma-during-pregnancy-tied-to-postpartum-depression-risk-idUSKCN1ML2LR>

- Thousands of Young US Children Get No Vaccines

<https://www.nbcnews.com/health/kids-health/thousands-young-us-children-get-no-vaccines-survey-finds-n919166>

· *Avoid Suggesting Over-the-Counter (OTC) Decongestants for Kids This Cold and Flu Season*
<https://www.healio.com/pediatrics/respiratory-infections/news/online/%7Bdb4b4f8c-298b-426e-8089-031936b44677%7D/avoid-suggesting-otc-decongestants-for-kids-this-cold-and-flu-season>

· *Breastfed Babies Less Likely to Have Obesity, Study Shows* (English and Spanish)
<https://www.healthychildren.org/English/news/Pages/Breastfed-Babies-Less-Likely-To-Have-Obesity.aspx>

· *Obesity in Toddlerhood Hard to Shake*
<https://www.medpagetoday.com/pediatrics/obesity/75478>

· *Poor Lung Function in Infants from Maternal Exposure to Household Air Pollution*
<https://www.pulmonologyadvisor.com/prevention/air-pollution-household-maternal-exposure-infant-poor-lung-function/article/810253/>

· *Daycare Kids Are Better Behaved Than Those Who Stay at Home.*
<https://www.usatoday.com/story/life/allthetoms/2018/10/04/daycare-kids-better-behaved-study-finds/1522045002/>

Mental Health and Wellness/Social-Emotional Development

· *An Early Childcare Provider's Guide to Managing Challenging Behaviors*
<https://www.autismspeaks.org/toolkit/early-childcare-providers-guide-managing-challenging-behaviors>

· *ACEs and Toxic Stress: Frequently Asked Questions*
<https://developingchild.harvard.edu/resources/aces-and-toxic-stress-frequently-asked-questions/>

· *How Social and Emotional Learning (SEL) Can Help Prevent Bullying* archived webinar
<https://www.childrensafetynetwork.org/webinar/how-social-emotional-learning-sel-can-help-prevent-bullying>

· *Supporting Families Affected by Opioids & Other Substance Use Disorders Through IECMHC* archived webinar & FAQ
<https://www.samhsa.gov/iecmhc/podcasts-webinars>

· *Free Keys to Happier Living Posters for Children*
<http://www.actionforhappiness.org/posters-for-children>

· *State Strategies to Meet the Needs of Young Children and Families Affected by the Opioid Crisis*
<https://nashp.org/state-strategies-to-meet-the-needs-of-young-children-and-families-affected-by-the-opioid-crisis/>

· *A Guide to Toxic Stress*
<https://developingchild.harvard.edu/guide/a-guide-to-toxic-stress/>

Share your ideas or questions with us!



[Click here to reach us](#)

Are you a new subscriber? [View previous SEFEL newsletters here](#)

Highlights

Build-A-Policy: Positive Behavioral Practices

Approved T-POT Assessors

The T-POT is the SEFEL Fidelity Tool.

View those who have taken the T-POT training and are reliable in the tool.

If you believe you are reliable in the T-POT but your name is not on the list please contact piec@ssw.umaryland.edu. Also contact us if you have any questions.

Mental Health Consultation Tool Kit

The Infant/Early Childhood Mental Health Consultation (I/ECMHC) Learning Module

[Visit our Website](#)

<https://theinstitute.umaryland.edu/sefel/>